

Essentials Trading Form



Date Time
 Currency Traded Buy > < Sell
 Daily Trend Bounce > < Break
 Hourly Trend Bounce > < Break

Spread	* paired with the USD			
3	⇒	EUR*	JPY*	
4	⇒	GBP*	CHF*	AUD*
Various/JPY Xs	⇒	EUR (4)	AUD (5)	CHF (5) GBP(8)
(Spread)				

BUY

Prices

4:Limit

★ Risk

3:Entry

1:Low

2:Stop

Identify valid candle formation

TB	MS	BUE
< ID formation Limit=E+(R×1.5)		
★If Risk is > 30 pips do not enter trade. Risk=E-S E at hot candle close		
Identify Low Stop=Low -10		

Trade Result Pip Profit Pip Loss

PTA

←
→

SELL

Identify valid candle formation

TT	ES	BEE
ID formation > Stop=H+10+Spread		
Identify High E at hot candle close Risk=S-E ★If Risk is > 30 pips do not enter trade.		
Limit=E-(R×1.5)		

Prices

2:Stop

1:High

3:Entry

★Risk

4:Limit

Trade Result Pip Profit Pip Loss

PTA